Stop the Killing: How to End the Mass Shooting Crisis

Chapters

- 1. A "How-To" Manual
- 2. Active Shooters on the Rise
- 3. Who and Why
- 4. Grievance Collectors and Understanding Violence
- 5. Reporting, Assessing, and Managing Threats
- 6. A Peek Inside Threat Assessment Teams
- 7. School Building Challenges
- 8. Workplaces and Houses of Worship
- 9. Three Training Essentials
- 10. Run. Hide. Fight.® for Children and Adults
- 11. Guns
- 12. Helping Survivors and the Families of Victims
- 13. What's Happening?
- 14. Don't Go It Alone

1.1 Before.During.After

Before

Prevention

- •Train everyone, no matter the age, to act with kindness and be aware.
- •Train adults to identify behaviors of concern and watch for stressors that might trigger violence.
- •Develop a response team with decision-making authority, and pre-assign areas of responsibility.
- •Engage police and local government in planning.
- •Assess the physical security of building and grounds.
- •Develop a support plan that includes mutual aid from unaffected communities, companies, and like organizations

During

Response

- •Use the Run Hide Fight/Escape strategy.
- •Use Stop the Bleed skills to save lives.
- •Use what is around you to save your life.

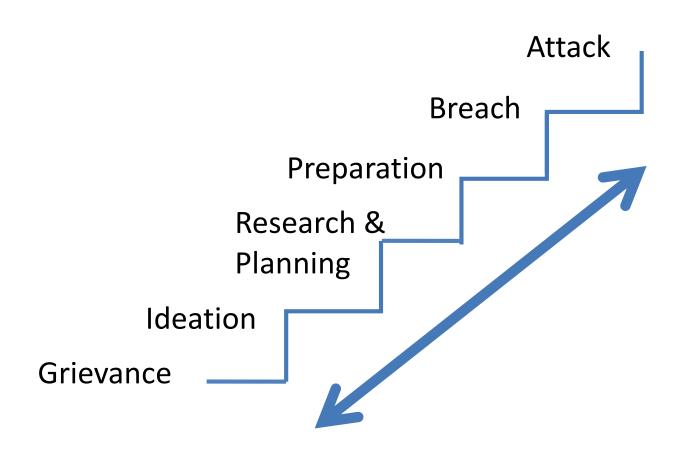
After

Recovery

- •Be part of the law enforcement command post decision making team.
- •Engage with state- and county-based organizations.
- •Rearch out to established resources such as businesses, churches and school districts in neighboring counties.
- Protect the privacy of all by seeking guidance from media relations team members in law enforcement and county agencies, and the FBI.
- •Engage pre-established teams to maintain continuity of operations in business, re-open schools and churches, and create calm.

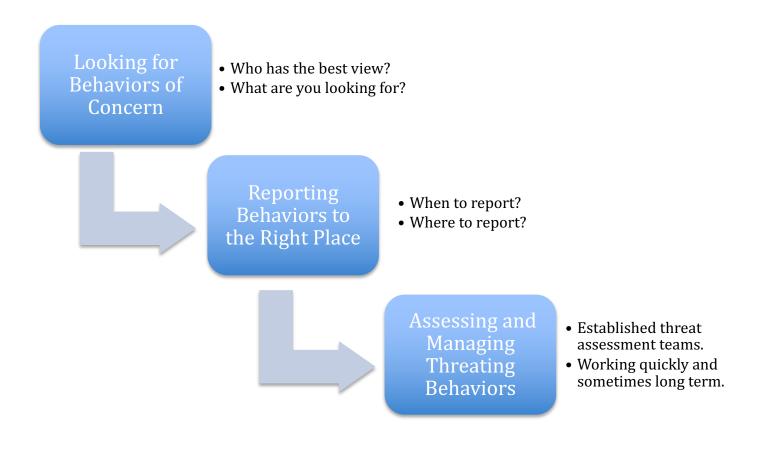
Katherine Schweit Schweit Consulting LLC

4.1 Grievance Collectors



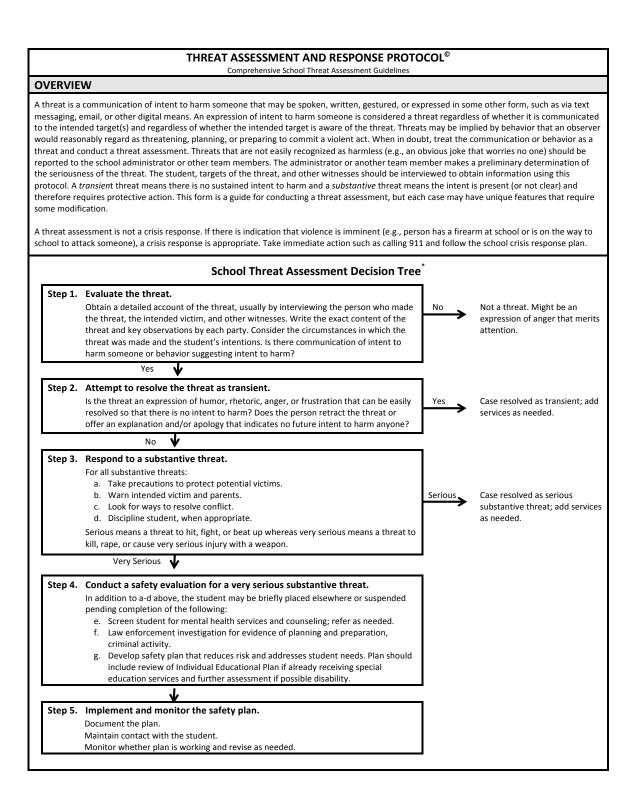
Frederick S. Calhoun, Steve W. Weston Threat Assessment and Management Strategies: Identifying the Howlers and Hunters, Second Edition, 2016

4.2 – Threats: From Discovery to Management



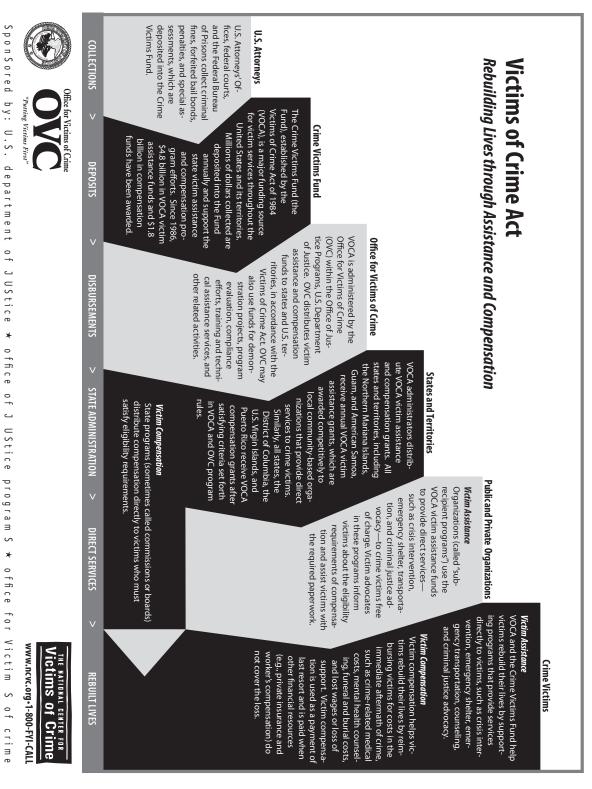
Katherine Schweit Schweit Consulting LLC

6.1 - Threat Assessment and Response Protocols



Cornell, D. (2018). Comprehensive School Threat Assessment Guidelines. Charlottesville, VA School Threat Assessment Consultants LLC

Stop The Killing: How to End the Mass Shooting Crisis; audiobook accompaniment



Office for Victims of Crimes, Department of Justice

Stop The Killing: How to End the Mass Shooting Crisis; audiobook accompaniment

12.1 Victims of Crime Acts

Stop the Killing: How to End the Mass Shooting Crisis End notes by Chapter, including Source notes from Chapter 13.

CHAPTER ONE

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2. Tom Cohen, "Wiping Away Tears, Obama Mourns Children Killed in School Shooting," CNN News, updated December 15, 2012, accessed September 30, 2020, https://www.cnn.com/2012/12/14/us/obama-school-shooting/index.html.

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4. "President Obama's Remarks on New Gun Control Actions, Jan. 16, 2013. (Transcript)," Washington Post, accessed September 30, 2020, https://www.wash ingtonpost.com/politics/president-obamas-remarks-on-new-gun-control-proposals-jan-16-2013-transcript/2013/01/16/528e7758-5ffc-11e2-b05a-605528f6b712_story. html, see also, "White House: Gun Violence Reduction Executive Actions," accessed September 30, 2020, Washington Post, http://apps.washingtonpost.com/g/documents/politics/white-house-gun-violence-reduction-executive-actions/248/ and "White House Gun Violence Fact Sheet," Washington Post, accessed September 30 2020, http://apps.washingtonpost.com/g/documents/politics/president-obamas-remarks-on-new-gun-control-proposals-jan-16-2013-transcript/2013/01/16/528e7758-5ffc-11e2-b05a-605528f6b712_story. html, see also, "White House: Gun Violence Reduction Executive Actions," accessed September 30, 2020, Washington Post, http://apps.washingtonpost.com/g/documents/politics/white-house-gun-violence-reduction-executive-actions/248/ and "White House Gun Violence Fact Sheet," Washington Post, accessed September 30 2020, http://apps.washingtonpost.com/g/documents/politics/white-house-gun-violence-fact-sheet/247/.

5. "Now Is the Time to Do Something about Gun Violence," accessed September 30, 2020, https://obamawhitehouse.archives.gov/issues/preventing-gun-violence, see also, "Remarks by the President at Sandy Hook Interfaith Prayer Vigil," December 16, 2012, accessed September 30, 2020, <u>https://obamawhitehouse.archives.gov/the-press-office/2012/12/16/remarks-president-sandy-hook-interfaith-prayer-vigil</u>.

6. David Nakamura, "Biden Vows White House Action on Gun Control," Washington Post, January 9, 2013, accessed September 30, 2020, https://www.washing tonpost.com/news/post-politics/wp/2013/01/09/biden-vows-white-house-action-on-gun-control/?arc404=true.

7. The same year, the American Journal of Public Health released an exhaustive look at thirtythree years of data on suicides and gender, as well as other data, concluding a strong relationship exists between suicide rates in men and women, and the higher level of gun ownership in a state. "Higher gun ownership was associated with higher suicide rates by any means among male, but not among female, persons," researchers concluded. "For male persons, policies that reduce firearm ownership will likely reduce suicides by all means and by firearms. For female persons, such policies will likely reduce suicides by firearms," Michael Siegel and Emily F. Rothman, "Firearm Ownership and Suicide Rates Among US Men and Women, 1981–2013," American Journal of Public Health (July 2016),

https://ajph.aphapublications.org/doi/abs/10.2105/AJPH.2016.303182.

8. Gun suicides, according to the Centers for Disease Control and Prevention, account for nearly half of all suicides in the United States. See, Siegel and Rothman, "Firearm Ownership and Suicide Rates," 1316.

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10. John Haitiwanger, "Las Vegas Shooting Recovery Will Cost at Least \$600 Million," Yahoo News, accessed September 30, 2020, https://finance.yahoo.com/news/las-vegas-shooting-recovery-cost-205522945.html; see also, Jaeah Lee and Julia Lurie, "The True Cost of Gun Violence: Our Methodology," Mother Jones, April 15, 2015, accessed September 30, 2020, https://www.motherjones.com/poli tics/2015/04/methodology-gun-violence-data-ted-miller.

11. J. Peter Blair and Katherine W. Schweit, "A Study of Active Shooter Incidents in the United States Between 2000 and 2013," Federal Bureau of Investigation 2014, accessed September 30, 2020, https://www.fbi.gov/file-repository/active-shooter-study-2000-2013-1.pdf/view; see also, ISBN-10: 1542689511 and ISBN-13:978-1542689519; see also,

https://bookstore.gpo.gov/products/study-active-shooter-incidents-united-states-between-2000-and-2013" and Amazon.com Services LLC, ASIN: B076C86CQK.

12. Those killings included thirteen at Fort Hood in Killeen, Texas, and another individual at a recruiting center in Little Rock, Arkansas.

13. My FBI colleague, Christopher Combs, and I joined the overworked VP team and about a dozen on the Emergency Management Planning team, which included Jeff Afman from the Federal Emergency Management Agency (FEMA), Kevin Horahan from Health and Human Services (HHS), Calvin Hodnett from Justice's Community Oriented Policing Services, Donald Lumpkin from the Department of Homeland Security (DHS), David Esquith and Madeline Sullivan from the Department of Education (ED). Combs, shortly after, was assigned other executive duties and the task was left for me to manage.

14. United States Department of Justice, "Attorney General Holder Recognizes Department Employees and Others for Their Service at Annual Awards Ceremony," October 15, 2014, accessed September 30, 2020, https://www.justice.gov/opa/pr/attorney-general-holderrecognizes-department-employees-and-others-their-service-annual-1 (Recipients: Supervisory Special Agent Michael McElhenny; Resource Planning Office Special Advisor Kathryn M. Crotts; Critical Incident Response Group Supervisory Special Agent Katherine W. Schweit; Public Affairs Specialist Andrew C. Ames; from the Department of California Highway Patrol, Lieutenant David William Knoff).

15. National Council for Behavioral Health, "Mass Violence in America: Causes, Impacts and Solutions," August 2019, accessed September 30, 2020, https://www.thenationalcouncil.org/wp-content/uploads/2019/08/Mass-Violence-in-America_8-6-19.pdf.

16. William Wan and Carolyn Y. Johnson, "Coronavirus May Never Go Away, Even with a Vaccine," Washington Post, May 27, 2020, accessed September 30, 2020, https://www.washingtonpost.com/health/2020/05/27/coronavirus-endemic/.

17. Chapter 9 provides more detail about the origins of run, hide, fight, which originated in Houston as a federally supported emergency preparedness program entitled Run. Hide. Fight.®

18. Only 7 percent of United States law enforcement agencies have more than one hundred sworn officers, and 86 percent have fewer than fifty.

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20. Mike Lupica, "Lupica: Morbid Find Suggests Murder-Obsessed Gunman Adam Lanza Plotted Newtown, Conn.'s Sandy Hook Massacre for Years," New York Daily News, March 25, 2013, <u>https://www.nydailynews.com/news/national/lupica-lanza-plotted-massacre-years-article-1.1291408?print</u>.

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2. Blair and Schweit, "A Study of Active Shooter Incidents," appendix B.

3. Blair produced no academic research at the time, for which he added my name, but several years later he, M. Hunter Martaindale, and William L. Sandel did rely on the FBI study as the basis for their thoughtful view of policy implications on work-place violence; see, <u>https://alerrt.org/research-projects</u>.

4. Blair and Schweit, "A Study of Active Shooter Incidents." (The FBI's methodology is detailed in appendix B of its research, and each of the 160 incidents is identified in appendix A.)

5. Investigative Assistance for Violent Crimes Act of 2012, 6 U.S.C. 455, 18 U.S.C. 2332f.

6. Basia E. Lopez, Danielle M. Crimmins, and Paul A. Haskins, "Advancing Mass Shooting Research to Inform Practice," National Institute of Justice Journal (April 6, 2020), accessed September 30, 2020, <u>https://nij.ojp.gov/topics/articles/advancing-mass-shooting-research-inform-practice</u>.

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9. Bjelopera et al., "Public Mass Shootings in the United States."

10. Blair and Schweit, "A Study of Active Shooter Incidents."

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12. "A Study of Active Shooter Incidents in the United States Between 2000 and 2013," https://bookstore.gpo.gov/products/study-active-shooter-incidents-united-states-between-2000-and-2013, and, Amazon.com Services LLC, ASIN: B076C-86CQK.

13. Some ask whether "active shooter" should also include incidents committed with knives, bombs, or cars. These incidents are even rarer and can skew research efforts involving firearms. This is also why many researchers, including those at the FBI, exclude gang and domestic violence shooting in their methodology. Gangs and domestic violence research efforts abound. The FBI's goal was to do research on incidents that only fit into this uniquely frightening public phenomenon and the methodology is provided in detail in its study. See Blair and Schweit, "A Study of Active Shooter Incidents," appendix B.

14. The FBI continued its annual tallies, but we were left wanting a downturn. In the six years since that research was released, this country now averages two shootings a month, about a shooting every fifteen days. For US-based incidents, the FBI counted twenty annually in 2014, 2015, and 2016. The number rose to thirty in 2017, twenty-seven in 2018, and twenty-nine in 2019. See, US Department of Justice, Federal Bureau of Investigation, "Quick Look: 277 Active Shooter Incidents in the United States from 2000 to 2018," 2019, accessed September 30, 2020, https://www.fbi.gov/about/partnerships/office-of-partner-engagement/active-shooter-incidents-graphics.

15. Blair and Schweit, "A Study of Active Shooter Incidents," 9.

16. James Silver, Andre Simons, and Sarah Craun, "A Study of the Pre-Attack Behaviors of Active Shooters in the United States Between 2000 and 2013," Federal Bureau of Investigation, June 2018, accessed September 30, 2020, https://www.fbi.gov/file-repository/pre-attack-behaviors-of-active-shooters-in-us-2000-2013.pdf.

17. The Department of Education categorizes colleges and universities under one category: Institutions of Higher Education.

18. "Quick Look: 277 Active Shooter Incidents."

19. US Secret Service, National Threat Assessment Center Research and Publications, "Mass Attacks in Public Spaces–2019," report, August 2020, accessed September 30, 2020, <u>https://www.secretservice.gov/protection/ntac</u>.

20. Bjelopera et al., "Public Mass Shootings in the United States."

21. Brady Campaign to Prevent Gun Violence, https://www.bradyunited.org.

22. National Council for Behavioral Health (NCBH), "Mass Violence in America: Causes, Impacts and Solutions," National Council Medical Director Institute (MDI) report, August 2019, accessed September 30, 2020, https://www.thenationalcoun cil.org/wp-

content/uploads/2019/08/Mass-Violence-in-America_8-6-19.pdf, v.; and Sophia Majlessi, "Following Tragic Shootings in El Paso and Dayton, New Report Recommends Wide Range of Actionable Solutions to Reduce Mass Violence," MDI NCBH press release, August 6, 2019, accessed September 30, 2020, <u>https://www.thenationalcouncil.org/press-releases/following-tragic-shootings-in-el-paso-and-dayton-new-report-recommends-wide-range-of-actionable-solutions-to-reduce-mass-violence/</u>.

23. Chuck Ross, "CNN Slashes School Shooting Stats Claim by 80 Percent," Daily Caller, November 6, 2014, accessed September 30, 2020, http://dailycaller.com/2014/06/11/cnn-slashes-school-sooting-stts-claim-by-80-percent.

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https://news.gallup.com/poll/1603/crime.aspx; and, Art Swift, "Americans' Perceptions of U.S. Crime Problem Are Steady," Gallup, November 9, 2016, accessed September 30, 2020, https://news.gallup.com/poll/197318/americans-perceptions-crime-problem-steady.aspx. (Since 1993, Gallup has surveyed Americans about violence, finding in nearly every year that 60 to 70 percent of Americans believe there is more violent crime in the United States compared to the year before. In eighteen of twenty-two Gallup surveys conducted between 1993 and 2018, at least six in ten Americans said there was more crime in the United States. Another noted research group with a Pew Research Center surveys found similar patterns in a check of registered voters in late 2016 with 57 percent of the people surveyed saying crime had gotten worse in the United States since 2008.)

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27. Michael Jetter and Jay K. Walker, "The Effect of Media Coverage on Mass Shootings," IZA Institute of Labor Economics, discussion paper, October 2018, accessed September 30, 2020, see, <u>http://ftp.iza.org/dp11900.pdf</u>.

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29. Sherry Towers, Andres Gomez-Lievano, Maryam Khan, Anuj Mubayi, and Carlos Castillo-Chavez, "Contagion in Mass Killings and School Shootings," July 2, 2015, accessed September 30, 2020, <u>https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0117259</u>.

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32. Holly Honderich, "Why So Many US 'Mass Shooting' Arrests Suddenly?" BBC World News, August 23, 2019, accessed September 30, 2020, https://www.bbc. com/news/world-us-canada-49439539.

33. Kasey Cordell, "The News Coverage of Columbine Helped Turn the Tragedy into an International Phenomenon," 5280 Magazine, April 2019, accessed September 30, 2020, <u>https://columbine.5280.com/the-news-coverage-of-columbine-helped-turn-the-tragedy-into-an-international-phenomenon/</u>.

CHAPTER THREE

1. Morton, "Serial Murder; Multi-Disciplinary Perspectives."

2. Silver, Simons, and Craun, "A Study of the Pre-Attack Behaviors of Active Shooters." See also, James L. Knoll IV and Ronald W. Pies, "Moving Beyond 'Motives' in Mass Shootings," Psychiatric Times 36, no. 1 (January 13, 2019), accessed September 30, 2020, https://www.psychiatrictimes.com/view/moving-beyond-motives-mass-shootings.

3. American Psychological Association, "Resolution on Violent Video Games," August 2015, accessed September 30, 2020, <u>https://www.apa.org/about/policy/violent-video-games</u>.

4. Christina Gough, "Distribution of Video Gamers Worldwide in 2017, by Age Group and Gender," August 9, 2019, Statista, accessed September 30, 2020, https://www.statista.com/statistics/722259/world-gamers-by-age-and-gender.

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9. US Secret Service, National Threat Assessment Center, "Mass Attacks in Public Spaces."

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11. National Council for Behavioral Health, "Mass Violence in America."

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- 26. Sparks Police Department, "Sparks Middle School Shooting," 498-499, 1209-1210.
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CHAPTER FOUR

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CHAPTER FIVE

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CHAPTER TEN

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CHAPTER THIRTEEN SOURCES

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FBI at fbi.gov and search "active shooter resources" Look here:

www.fbi.gov/about/partnerships/office-of-partner-engagement/activeshooter- resources, and, www.fbi.gov/survive. The study posted there, "A Study of Active Shooter Incidents in the United States Between 2000 and 2013," is so heavily relied upon that the Government Printing Office has it in their annual catalogue, and Amazon sells a Kindle edition if you need it.

US Department of Justice's Office of Justice Programs coordinates research and resources as well as information about research that is underway. Its National Institute of Justice funds grants for academic, nonprofit, and faith-based organizations, and even individuals who want to conduct research. Look here: www.ojp.gov.

Bureau of Justice Assistance grants are awarded for innovative, evidence-based strategies and collaborative efforts by state, local, and tribal, private and public entities seeking ways to prevent crime and protect communities. Look here: www.bja.gov/default.aspx.

Office for Victims of Crime. www.ovc.gov/help/index.html.

FBI victim resources. Look here: www.fbi.gov/resources/victim-services.

US Department of Homeland Security. Start here: www.dhs.gov/cisa/active-shooter-preparedness. Training is also available at www.dhs.gov/cisa/private-citizen.

Federal Emergency Management Agency. Look here: training.fema.gov/.

US Secret Service, National Threat Assessment Center. Look here: https://www.secretservice.gov/node/2553.

US Department of Education. Look here: <u>https://www2.ed.gov/admins/lead/safety/preventingattacksreport.pdf;</u> https://rems.ed.gov/K12PreparingForActiveShooter.aspx.

US Department of Health and Human Services. Start here:

https://asprtracie.hhs.gov/technical-resources/resource/1952/active-shooter-planning-andresponse-in-a-healthcare-setting. For guides in the development of emergency operations plans, look here: https://www.phe.gov/Preparedness/planning/Documents/active-shooterplanningeop2014.pdf.

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National Center for School Safety at <u>https://www.nc2s.org/</u>. The National Center (NC2S) is a federally funded clearinghouse for all things having to do with school safety; it crosses over, and is supported by, several other public and private organizations, including some listed below as well as the University of Michigan, Michigan State University, the University of Virginia, the National Council on Behavioral Health, Sandy Hook Promise, Schweit Consulting LLC, and national school superintendent and principal organizations. Created in 2018 and funded by the US Department of Justice, Office of Justice Programs, Bureau of Justice Assistance, NC2S resources bring rigorous academic research together with practical experience and best practices.

Safe2Tell.org at <u>https://safe2tell.org/</u>. Susan Payne and her team created Safe2Tell.org initially to build an anonymous place for parents, students, teachers, school administrators, and law enforcement to share information and leave tips. The impetus was both the Columbine High School massacre and the staggering reality that 80 per-cent or even 90 percent of the time, someone other than the attacker knew violence was going to happen but failed to report it.

Train4Safety.org at <u>http://train4safety.com/</u>. Creators of Train 4 Safety believe even the youngest can be better prepared but know that often disaster preparedness is designed only for adults. Disaster affects everyone, even preschoolers. The mission of Train 4 Safety is to use fun and engaging stories to teach children how to stay safe and be prepared.

Everytown for Gun Safety at <u>https://everytown.org/</u>. Everytown for Gun Safety advocates for issues centered on gun safety an gun access. The heart of the organization centers on a "Moms Demand Action" component advocating within their own community. The organization was created in 2014 when Mayors Against Illegal Guns and Moms Demand Action for Gun Sense in America came together to address gun violence.

American Red Cross at <u>https://www.redcross.org</u>. The Red Cross has a free active shooter PowerPoint slide deck of training materials you can review on your own and provide to your family, organization, business, or school at https://www.readyrating.org/Resource-Center/Active-Shooter/acat/1/tag/active-shooter-training. You can also find extensive materials and courses in English and Spanish to train yourself, your congregation, or your employees in first aid, AED use, and CPR.

National Safety Council at <u>https://www.nsc.org/</u>. The 100-year-old Council advocates reducing risk at work, in homes, in communities, and on the road. The Council site is filled with tools and resources to share and educate the reader. Look here: www.nsc.org. Free active shooter presentations and other materials are available here: https://www.nsc.org/safety-training/workplace/emergency-preparedness. The site is so thorough they even have the advertisement flyer so you can post it in lunchrooms and on bulletin boards to announce the training.

City of Houston, Mayor's office at <u>http://www.readyhoustontx.gov</u>. the originators of the training film Run. Hide. Fight.®, has resources in six languages, with plenty of materials for kids and adults alike.